As work and classes ramp up, I’ve found myself learning all sorts of things about how I absorb information. One of the most interesting discoveries is that I find it easier to learn when there is something I can physically fidget with. While not quite a fidget spinner, I have played around with bottle caps, pencils, paper scraps, and even a tinfoil ball during some of my class lectures. Kinesthetic learning is often defined as learning a concept through hands-on practice, but I feel like this study phenomenon is similar in the sense that occupying my hands helps me focus.

Focus your attention on some of these upcoming events/announcements. Fulfill Colloquium requirements and meet some awesome people at the upcoming SASHP Movie Night. Learn about exclusive global interdisciplinary opportunities at the Virtual Happening @35 Info Session. Looking to enter work in the global policy field? Stop by the M.A. in Political Science - UN and Global Policy Studies Info Sess. Read about this month’s Honors Alumni Spotlight. Take over the SASHP IG account for a whole week by applying to be an SASHP HIPster.

Warm Regards,
Justin Confalone
Your newsletter editor
**SASHP Movie Night: “Do the Right Thing”**

Fulfill Honors Colloquium requirements and spend an incredible evening at the upcoming SASHP Movie Night featuring “Do the Right Thing.” This Spike Lee film explores the conflict between an African American and Italian American community in the heart of a Brooklyn neighborhood. While this movie has received critical acclaim, there is a trigger warning as the film explores themes of violence and racial tension in a very R-rated way. This event takes place next **Fri, Oct 15 at 4 pm via Zoom**. Register by **Oct, 14 here**.

**Virtual Happening @35**

Virtually stop by 35 College Ave’s upcoming Virtual Happening @35 info session about global interdisciplinary opportunities. This session lasts about an hour and will cover next semester’s 1-3 week-long honors global experiences. Any interested students should join the session on **Wed, Oct 20 from 2-3 pm EST via Zoom**. Join the call here.

**M.A. in Political Science - UN and Global Policy Studies Info Sess**

Looking to do some rewarding work in the field of humanitarian policy? Prep yourself with proper education. The UNMA is hosting a live open house on their M.A program this Fri, Oct 8 at 12 pm EST. The event will allow prospective students to meet with UNMA faculty and current students on a student ambassador panel and have any of your questions addressed. Interested students can RSVP here.
SASHP HIPster App

It is finally that time of year again! Show off your RU spirit by doing a total, week-long takeover of the SASHP Instagram. Poll about study habits, show off your courses, or even tell followers about your day. HIPsters have full access to the IG page for a week and must apply by Oct 15. The application can be found here.

October Honors Alumni Spotlight

Give some love to 2011 alum Daniel Gorlick, this month’s Honors Alumni Spotlight. Aside from the adorable dog in his photo, Daniel graduated from Rutgers with a major in economics and a minor in biological sciences. Having gone to a small high school, Rutgers offered Daniel an opportunity to be part of the big school experience (and the Honors Program offered a close-knit group within that broader community). Daniel is currently a product manager within the financial tech industry. Read the rest of his incredible story here.