



December Deadlines

RUTGERS SASHP NEWSLETTER

Wednesday, December 1, 2021

Dear SAS Honors Program Students,

Coffee is brewed, ambience is on, the study space is littered with pencils, pens, and crumbled paper, and faculty and students alike are hyper-focused on two things: finals season and the wave of assignment deadlines that come before. Now that we are approaching the final stretch before that oh-so-sweet winter break, I wanted to check in with everybody. As someone who went a bit too crazy with work the past week (and paid the price), there are a few fail-safes I intend on abiding by as we enter the thick of it: 1. Schedule out the work in advance so you don't jump between assignments, 2. Get at least 6.5 hours of sleep/night, and 3. Spend a little more on groceries this week and get snacks to treat yourself. Stay strong out there, everyone!

Treat yourself by looking into some of these events/announcements. Ease the transition from college to the real world by looking into the recently opened **Honors Alumni-Student Directory**. Let someone help you manage the stress of planning the next semester by stopping by the next **monthly Advising Drop-In**. Learn more about **Talia Waltzer** in this month's **Honors Alumni Spotlight**.

Warm Regards,
Justin Confalone
Your newsletter editor

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SASHP Newsletter

Events/Announcements

Honors-Alumni Student Directory

Want to ease the transition from college to a full-blown career? Take a look at the **Honors-Alumni Student Directory**. If the honors alumni spotlights have been any indication, SASHP alums are all over the professional world. The RU Honors Alumni-Student Directory is a tool that current SASHP students can use to seek advice or ask questions to a network of honors alumni from a wide variety of professional industries and post-graduate work. The directory can **now be accessed through your Canvas account**.



Honors Advising Drop-Ins

Can't quite figure out what makes the most sense for the spring 2022 semester? Use your resources and stop by the upcoming **Honors Advising Drop-In with Dean Kim-Lee** to have any advising questions answered. This next drop-in takes place this Fri, Dec from 10 am - 11 am in the McCormick Lounge. Be sure to use this resource! And don't forget you can still book advising appointments with your dean on the SASHP website.

Honors Alumni Spotlight: Talia Waltzer

Talia Waltzer is December's **Honors Alumni Spotlight**! After graduating from Rutgers with a dual degree in psychology and cognitive science in 2015, Talia went on to a PhD program studying Psychology at the University of California, Santa Cruz. Talia recently received a postdoctoral research fellowship from the National Science Foundation, and will be studying dishonesty in adolescence from 2022-2024. Learn more about Talia [here](#).



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