Monday, March 7, 2022

Dear SAS Honors Program Students,

While this is not the first newsletter of the month, this is the first newsletter going out during the part of March that lives in infamy among students - midterm season. As someone who has had to take their morning coffee on the go for the past week, I think I speak for everyone when I say that we’re in the thick of it. Find your nook in the library and give it your best because on the other side of the exams, papers, and projects is warm weather and a nice break before the next round of assessments!

Still looking to do anything but study right now? Take a look at some of these upcoming events/announcements. Those considering a career in global policy or any type of NGO/non-profit work should stop by the upcoming UNMA Info Session. Are you a member of the LGBTQ+ community at Rutgers who wants to share your experiences? Apply to be a Voices of Diversity series panelist. Rep the Honors Program and feel good about doing it by signing up for the Scarlet Day of Service with the SASHP Team. Help guide the next generation of freshmen by applying to be an SASHP Peer Mentor. Check out this month’s Honors Alumni Spotlight: Kassim Chaudry. Give our latest blog post "3 Ways to Keep Cool During Midterms" a read!

Warm Regards,
Justin Confalone
Your newsletter editor
**UNMA Info Session**
Considering a career in finance, law, international development, diplomacy, or with the United Nations? The upcoming **UNMA Info Session** will focus on the master’s program in Political Science - United Nations and Global Policy Studies offered by Rutgers. This session will take place this **Wed, Mar 9 at 12pm EST via Zoom** and feature UNMA faculty, staff, and student ambassadors. The UN is a great organization to pursue, so start the journey off right by registering [here](#).

**Scarlet Day of Service**
Do some good by joining the Peer Mentor Program as they lead the **SASHP team** at the upcoming **Scarlet Day of Service**. This event, running from **8:45 am to 5 pm on Sat, Mar 26**, gives students an excellent opportunity to meet fellow SASHP members all while doing some real good. The deadline to register for the SASHP team is **1 pm EST on Thurs, Mar 10**. Students looking to join the SASHP team must fill out two forms: first register individually [here](#) then fill out the team application form [here](#).

**Voices of Diversity Series Panelists Wanted**
Are you a member of the LGBTQ+ community at Rutgers who wants to share your experiences both inside and outside of the classroom? Do you have thoughts about campus and classroom inclusivity and ways instructors, peers, and staff can be better allies? Share your experience by serving as a panelist for **Voices of Diversity: LBTQ+ Student Stories on Fri, Apr 1 from 10 am to 11:30 am EST via Zoom**. Apply [here](#) by Thurs, Mar 10!

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Peer Mentor Application
I’m sure many SASHP students remember meeting their Peer Mentors during their first year at Rutgers. Well, now’s your chance to be the one on the sending end. Peer Mentors provide life advice, welcome mentees into the college culture, and provide support however else they can. Those interested in being the next group of mentors can apply here starting today, Mar 7 until Sun, Apr 3.

Honors Alumni Spotlight: Kassim Chaudry
Show some love to this month’s Honors Alumni Spotlight: Kassim Chaudry. After graduating from Rutgers with a dual degree in Computer Science and Chemistry, Kassim went on to receive an MBA from UC Berkeley, Haas. Kassim now works for a medium-sized IT consulting company and resides in nearby Metuchen. Read more about Kassim’s incredible journey here.

New Blog Post: 3 Ways to Keep Cool During Midterms
“With big exams, papers, and mid-semester projects all being due and assigned at similar times, most can agree that the midterm shakes and nerves are a collective student experience,” writes author Nehee Patel. “When I get overwhelmed from reading walls of text or typing up essays, there are a few ways I like to ground myself and reset my mind.” Read the rest here.

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