

Get In There

RUTGERS SASHP NEWSLETTER



Wednesday, Sept. 14, 2022

Dear SAS Honors Program Students,

Two days ago, I overcame a challenge that every Rutgers student must face during the course of their college career: I got on a bus at rush hour. This was my first bus ride of the semester (I had no reason to brave the chaos of inter-campus travel during the first week of school), and while I would consider it an overall successful experience, I can't honestly say that it was a smooth one. In fact, it took me almost *forty minutes* to hop on an EE after several jam-packed buses stopped at the Scott Hall stop, squeezed a handful of students in with the others, and drove off. At one point, I was even pushed out of the way as I tentatively considered whether or not I could actually fit on the bus by another desperate (probably late) student. They managed to get their foot on the steps and secured a spot as I watched with envy on the sidewalk. That's the trick about Rutgers buses— you've just gotta go for it. While I certainly don't recommend ever pushing anyone just to get on a bus, I do think that there is a lesson to be learned about the benefits of self-advocacy and not waiting for a spot to be made for you. You don't always have to wait for others' permission or for the perfect invitation to do what you want/need to do— from joining a club to trying a new restaurant to going to the gym. Sometimes, you just gotta get in there and make a space for yourself, doing it yourself.

Get your foot in the door and get going with these upcoming opportunities. Stop by the **SASHP Peer Leader 'Paint a Pot' Event!** Sharpen your networking skills and prep for the future by meeting with potential employers at the **Fall Career & Internship Mega Fair**. Learn more about the intersection between democracy and health by attending the upcoming webinar, **"Democracy and Power: Why Voting Matters for Our Health."** Apply to become a **Peer Tutor** and help fellow students find their footing in their classes.

Warm Regards,
Noa DeOcampo
Your Newsletter Editor

In this Newsletter:

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Fall Career & Internship Mega Fair

Whether you're a senior prepping for life post-Rutgers, or a sophomore looking for a potential internship, it's never too late or too early to start exploring your options! Stop by the **Fall Career & Internship Mega Fair** on **Sept. 15 & 16** in the **Jersey Mike's Arena** on Livingston Campus to talk to employers and explore opportunities across a wide array of fields. Students can register for the 2-day event [here](https://careers.rutgers.edu/fair).



Peer Tutor Applications

Do you think you know your introductory courses so well that you could recite their syllabi from memory? Or do you have an arsenal of mnemonic devices to help you memorize your course material? Pass on the academic knowledge that you've accumulated over the years to fellow honors students by applying to become a **Fall 2022 Peer Tutor** here! The deadline to apply is **next Monday, Sept. 19**.

SASHP Peer Leader 'Paint a Pot' Event

Does making art while making a friend sound like your idea of a fun time? If so, stop by the SASHP Peer Leader 'Paint a Pot' event on the Voorhees Mall Lawn **TOMORROW, September 15 from 1-3 PM**, to paint some succulents and meet some new people! Note: be sure to bring something to sit on so you can create in comfort.

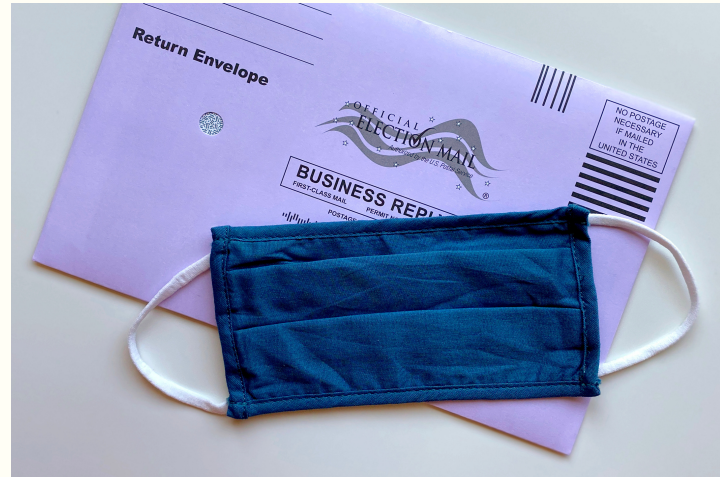


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Events/Announcements

Democracy and Power: Why Voting Matters for Our Health

"What do democracy and power have to do with health and health equity? And what role can public health play in promoting inclusive democratic practices?" Given the many health-related crises that our world has seen within the span of the past two years, these questions seem more relevant than ever. And they will be answered by Jeanne Ayers, R.N., M.P.H., Executive Director of Healthy Democracy Health People at the **webinar, "Democracy and Power: Why Voting Matters for Our Health,"** on Thursday, Sept. 15 from 12-1 PM. Interested students can register [here](#).



REMINDER: End of Add/Drop

Just popping in with a reminder that **TOMORROW, Sept. 15**, marks the end of the add/drop period! That means it's **last day to drop** courses without a "W." It's also the **last call to add any courses**, so get your schedules finalized now!

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