Family Portraits

RUTGERS SASHP NEWSLETTER

Monday, Nov. 21, 2022

Dear SAS Honors Program Students,

What do you get when you put together two 7-year-old girls (twins, mind you), one 12-year-old boy with a penchant for masking their discomfort with funny faces, and a handful of adults determined to capture this irreplaceable moment? You get chaos. I mentioned this in my last newsletter, but, in case you missed it, my mom's only sister and her family visited from California this past weekend. We're extremely close and typically we see each other in-person at least once a year for our annual visit to California as well as via Facetime for every birthday, major or minor holiday, etc. But the last time they came to visit us in New Jersey was in 2013. My seven-year-old cousins weren't even born then! So, you can imagine that the pressure was on to snap some good pics- in matching pajamas, of course- and appropriately commemorate the visit. However, if you have ever had to corral children under the age of 15 for anything, then you know that there is nothing simple about this task. It took over 10 tries and several resets to get a shot where everyone had their eyes open. Still, I think the memory of attempting to *capture* the memory is one of my favorites in my recent, personal history. I love my non-photogenic family.

Here are some opportunities and events to put you in the best frame of mind for the week! Attend today's **MCAT Prep Workshop** hosted by the Rutgers Learning Centers! Grab a coolunder-pressure friend or two and sign up for the Peer Mentor Program's Holiday **Escape Room: Escape of the Elves** event! Apply to be an **SAS Honors Program Ambassador** or for the **passport iniative 2022-2023**. Read one of the latest additions to the **SAS Honors Blog**.

Warmest Regards, Noa DeOcampo Your Newsletter Editor In this Newsletter: *** MCAT Prep Workshop *** Holiday Escape Room: Escape of the Elves *** SAS Honors Program Ambassador Spring 2023 *** Passport Initiative 2022-2023

Media:

*** New Blog Post: "When Your Work Seems to Never End"

SASHP Newsletter



MCAT Prep Workshop

Are you considering taking the **MCAT** (Medical College Admissions Test)? Or have you already begun sharpening your test-taking strategies? Either way, consider attending the **MCAT Prep Workshop** TODAY, **Nov. 21** from **3-4:30 PM**! The session is completely **FREE** and will cover everything from **exam logistics** to **test prep resources**. Plus, attendees will have a chance to chat with facilitator, **Misha Faerovitch**, who recently took the MCAT. Register for the online workshop <u>here</u>.

Holiday Escape Room: Escape of the Elves

Oh what fun! The **Peer Mentor Program** is hosting a **holiday escape room: Escape of the Elves** event on **Dec. 5** to **Dec. 7** from **6-8 PM**! Put together your best team of **up to 5 people** and help Santa's elves escape a trap set by Jack Frost in time to save Christmas. Priority will be given to **Peer Mentor/Mentee pairs** and groups with a member from the **Peer Mentor Program**. RSVP <u>here</u>!





SAS Honors Program Ambassador Spring 2023

Are you looking for a way to **get more involved** in and **contribute** to the **SASHP community**? Apply to be a **SAS Honors Program Ambassador** for **Spring 2023**! Student Ambassadors are an integral part of **recruitment** for the Honors Program, especially via SAS Honors Program **Scholars Days** where they serve as **panelists** and **luncheon hosts**. Apply <u>here</u> by **5:00 PM**, **Friday**, **Dec. 16**.

SASHP Newsletter

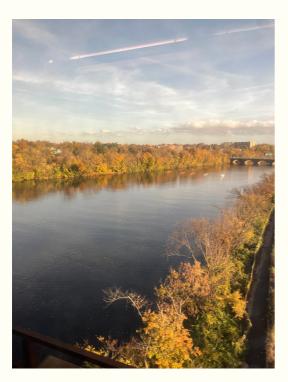
Events/Announcements

Passport Initiative 2022 - 2023

Calling all potential globetrotters! Rutgers Global-Study Abroad has officially launched their annual **passport initiative** for **2022-2023**! They will award **200-250 first-time passports** for matriculated Rutgers students and will be covering up to **\$180** for the passport application, Post Office photo, and Post Office processing fee. The application is due on **Friday**, **Dec. 2**. Click <u>here</u> to learn more!

*** Students do not need to attend or apply for a study abroad program to be considered.





New Blog Post: "When Your Work Seems to Never End"

Do you ever have so much on your to-do list that it all seems to crumple into a ball of anxiety in your stomach? Same. Even though we're edging in closer to the end of the semester and have a bit of a break to look forward to with Thanksgiving this week, I still feel like many of us may be feeling buried under our workload. If you can empathize with anything I'm saying here, consider checking out my latest post for the Honors Blog, **"When Your Work Seems to Never End: On Catching Up, Getting Ahead & Making Things** Manageable." Read more <u>here</u>.

