



# Cereal Comfort

RUTGERS SASHP NEWSLETTER

Wednesday, Dec. 7, 2022

Dear SAS Honors Program Students,

My snacking habits tend to follow a bit of a loose cycle. Typically, I'll loyally stick with my snack of choice for a two-to-three month period. I'm a creature of habit. I'll eat it daily—sometimes thrice daily— and, occasionally I'll even eat it in place of a real meal (can you tell I'm a college student yet?). Then, suddenly, I'll stash it back in the cupboard and won't even think about eating it again for another year. At the beginning of the semester, I was all about tuna salad (random, I know). Recently, however, my appetite has gone cereal-crazy. Almost every time I'm craving a snack, I find myself reaching for a box of Cinnamon Toast Crunch. And many times I find myself having to open another new box I've learned to stock up because of how quickly the little cinnamon-y suckers have been disappearing. Mind you, the last time I ate a bowl of cereal was probably the beginning of 2022. But now that my snacking senses have locked onto it, I can't stop. Plus, there's something a bit nostalgic about having a bowl of cereal. I almost feel like a kid again, eating breakfast before school and doing the activities on the box to pass the time. With the toll that the end of the semester is taking on me, I need a bit of cereal comfort.

These upcoming events and opportunities are grrrr-eat! (Thumbs up if you got that reference). Tune into the **Honors housing and Honors Peer Leader info session**. Attend the lecture "**Stars and Shadows: The Politics of Interracial Friendship from Jefferson to Obama**." Apply to become an **Honors Ambassador**. Catch up on the newest posts from the **Honors Blog!** Check out the **December/January honors alumni spotlight: Krista Klein**.

Warmest Regards,  
Noa DeOcampo  
Your Newsletter Editor

## In this Newsletter:

- \*\*\* Honors Housing and Honors Peer Leader Info Session
- \*\*\* Lecture: The Politics of Interracial Friendship from Jefferson to Obama
- \*\*\* Honors Ambassadors Spring 2023

## Media:

- \*\*\* New Blog Post: "Online Internship/Externship Opportunities"
- \*\*\* New Blog Post: "A Beginner's Guide to Gifts"
- \*\*\* December/January Honors Alumni Spotlight: Krista Klein



# SASHP Newsletter

## Events/Announcements

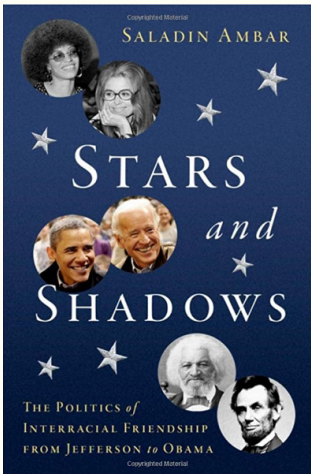
### Honors Housing and Honors Peer Leader Info Session

Even though we're only wrapping the fall 2022 semester, **housing sign-ups** the **2023-2024 academic year** will be here before you know it! Find out all you need to know about the SAS Honors housing application process PLUS learn more about the paid position as an Honors Peer Leader at the **virtual info session** NEXT Thursday, **Dec. 15**, at **11:30 AM**. Tune in via **Zoom** through the link [here](#). **Meeting ID:** 956 2137 4367 **Passcode:** HOUSING



### Lecture: The Politics of Interracial Friendship from Jefferson to Obama

Attend a lecture by professor **Saladin Ambar** as he discusses his new book, *Stars and Shadows: The Politics of Interracial Friendship from Jefferson to Obama*, TODAY, Dec. 7 from 2 - 3 PM. "[L]isten to the stories of the friendships of highly influential cultural icons and political figures." Learn more and register for the event [here](#).



### Honors Ambassadors Spring 2023

Are you looking for a way to **get more involved** in and **contribute** to the **SASHP community**? Apply to be a **SAS Honors Program Ambassador** for **spring 2023**! Student Ambassadors are an integral part of **recruitment** for the Honors Program, especially via SASHP **Scholars Days** where they serve as **panelists** and **luncheon hosts**. Apply [here](#) by 5:00 PM, NEXT **Friday, Dec. 16**.



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## Events/Announcements



### New Blog Post: "Online Internship/Externship Opportunities"

*"Though the online environment doesn't replace the in-person experience, it's not necessarily a total downside."* Author of one of the newest Honors Blog posts, **Paula Sholander**, has a great deal of experience and insight to share regarding the world of virtual internships and externships. Learn more by reading the post, "**Online Internship/Externship Opportunities**" [here](#).

### New Blog Post: "A Beginner's Guide to Gifts"

If even thinking about what to get your mom, best friend, roommate, or co-worker for the holiday season hikes up your anxiety, Honors Blog writer, **Kayla Gonzalez** has you covered. Check out her new post, "**A Beginner's Guide to Gifts**" for some gift-giving inspiration. From the thoughtful, to the clever, to the practical, it all can be found [here](#).



### December/January Honors Alumni Spotlight: Krista Klein

**Krista Klein** is the featured SASHP alum for the December/January honors alumni spotlight! Graduating with a double-major in journalism and psychology as well as a minor in sociology in 2008, Krista is currently the **assistant dean and director for student outreach & first-year transition** at the Rutgers Honors College! Read more about Krista's professional journey and experience in the SASHP [here](#).

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