

Signing Off/Out

RUTGERS SASHP NEWSLETTER

Monday, Dec. 19, 2022

Dear SAS Honors Program Students,

Oh, there's no place like offline for the holidays. Truly, there's nothing better than finally shutting your laptop at the end of the semester. I had the immense privilege of taking my last exam of the semester this past Saturday and, let me tell you, I've never experienced a more satisfying exhale of relief as I swiftly exited my web browser, sat back in my chair, and marveled at having absolutely *nothing* to think about. At least for the rest of the weekend. Regardless, I realize that many of you still have a full week of finals to face, but I hope you are reinvigorated by the knowledge that you are *this* close to logging off– both mentally and technologically– for the semester. I'm also hopeful that you'll take time during winter break to relax and reset your mind so that you can approach the new year and semester with renewed grace and vigor! Certainly spend time with your loved ones, but also (I feel like no one says this enough), spend some time with yourself. Give the gift of being present. See what I did there? Anyways, thank you for *your* constant presence as attentive newsletter readers and as diligent honors students. Now get some (much deserved) rest. I'll see you next year!

Say "sayonara" to the fall semester in the best way possible by checking out these few final announcements! Tune into the **UNMA Info Session** to learn more about the exciting post-grad opportunity. Submit your program to be considered for the upcoming **Dr. Martin Luther King, Jr. Legacy Series**! Apply to be an **Honors Peer Leader**. Catch up on the latest posts on the Honors Blog: "**Are BookTok Books Worth The Hype?**" and "**How To Actually Rest During Your Winter Break**".

Happy Holidays & best of luck on finals!
Noa DeOcampo
Your Newsletter Editor

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*** New Blog Post: "Are BookTok Books Worth The Hype? A Review of Six Popular Books on TikTok"
*** New Blog Post: "How To Actually Rest During Your Winter Break"

SASHP Newsletter

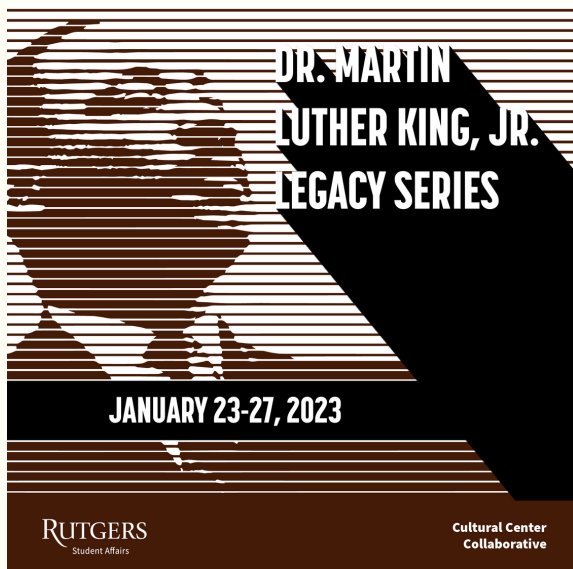
Events/Announcements

UNMA Info Session

THIS Tuesday, Dec. 20, at 6 PM, the **Master's Program (MA) in Political Science - United Nations and Global Policy Studies** at Rutgers (a.k.a **UNMA**) will be holding a virtual info session. Hear UNMA student ambassadors share their experiences, professional and academics tips, and aspirations! Register for the event [here](#).

*** Note: Attending prospective applicants will receive application fee waiver during the session!

M.A. Program
Political Science
United Nations and
Global Policy Studies



Dr. Martin Luther King, Jr. Legacy Series

Start the new year (and new semester!) off right by joining the **Rutgers Cultural Center Collaborative** in building on Dr. King's legacy of excellence with the **2023 Dr. Martin Luther King, Jr. Legacy Series** running from **January 23** through **27**! If you would like to submit a program for consideration for this year's legacy series click [here](#) to submit a form! Student organizations, academic departments and administrative units are welcome to apply.

Honors Peer Leader Application

As mentioned above, the SASHP is currently accepting applications for the paid **Honors Peer Leader** position! This is a fantastic opportunity to get involved in the SASHP by mentoring fellow students and planning community-building programs. Learn more about the application [here](#) and apply by the **deadline** on Wednesday, **January 25, 2023**.



SASHP Newsletter

Events/Announcements

New Blog Post: "Are BookTok Books Worth The Hype? A Review of Six Popular Books on TikTok"

In one of the newest posts on the Honors Blog, "Are BookTok Books Worth The Hype?" author **Adia Win** provides a few quick-takes on six books that have found viral fame via TikTok. From ***The Seven Husbands of Evelyn Hugo*** by Taylor Jenkins Reid to ***Verity*** by Colleen Hoover, Adia will save you the time of deciding which reads are worth your while to pick up during winter break. Read the whole post [here](#)!



New Blog Post: "How To Actually Rest During Your Winter Break"

If you're one of those people that has trouble shifting from the work-mindset of the semester to the unwinding-mindset of break, consider giving my newest post on the Honors Blog a read. In it, I list a few of my tips for making the most of your winter break by using the time to do something we almost never get enough of during the semester: relax. Check it out [here](#)!

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