Wednesday, December 6, 2017

Dear SASHP Students,

That time is upon us. You’ve felt it like that creeping dread that the small moon you’re approaching isn’t a small moon at all. It’s a space station. Or in this case, that manageable workload you thought you’d have during finals week now faces you and it seems as indestructible as the Death Star. Don’t worry though: just breath, aim, and let the Force flow through you. Do or do not, there is no try. Here are some events that might help.

Tomorrow night you can either come workout your body at the Zumba event sponsored by the SASHP Peer Mentors or expand your mind by coming to the screening of I Am Not Your Negro. See the work of your fellow Rutgers students at the Writer's House Winter Creativity Showcase and the Aresty Research Slam. If you’re worried about caffeine consumption read Akhila’s advice on consciously caffeinating at the SASHP Blog. And if you find the stress overwhelming, just think of Han Solo:

laugh it up fuzzball

May the Force be with you,
Kim Peterman
Student Director of Honors Media
Zumba!!! with the SASHP Peer Mentors

Come dance away your stress at this fun SASHP Peer Mentors open to all Rutgers students. Free smoothies, water, and granola bars will be provided. We will be collecting cash donations for the American Red Cross Disaster Relief Fund, and there will be a raffle for a SASHP gym bag, water bottle, and a Dunkin' Donuts gift card.

**Date:** Thursday, December 7, 2017  7:00 PM  
**Place:** McCormick Lounge, Busch Campus

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**I Am Not Your Negro**

Based on James Baldwin's unfinished manuscript and narrated by Samuel L. Jackson, 'I Am Not Your Negro' explores the history of racism in the United States through the lives of Baldwin's close friends and civil rights leaders Malcolm X, Martin Luther King, Jr., and Medgar Evers. 93 minutes.

**Date:** Thursday, December 7, 2017  7:00 PM  
**Place:** 35 College Ave
Coffee and Coloring

Destress with Dean Davis while coloring and getting caffeinated. Plus Dean Davis will offer advising and Buffalonian winter tall tales.

**Date:** Monday, December 11 at 2-4PM

**Place:** 35 College Ave Parlor

Destress Night

Come to the SASHP De-Stress Night brought to you by the Peer Mentors. Free food, coffee, and hot cocoa! Kick back and relax with the RUCAC puppies, coloring, board games, crafts, and more! All SASHP students are welcome.

**Date:** Wednesday, December 13, 8-10 PM

**Place:** McCormick Lounge, Busch Campus

Honors Students Sing

Come see Rutgers University Choir next Wednesday, led by SASHP student and president Priya Pamnani. Tickets are $5 for students, $10 for Rutgers alumni/faculty, and $15 for the public. Get ticket info [here](mailto:).

**Date:** Wednesday, December 13, 2017

7:30 PM

**Place:** Kirkpatrick Chapel
Travel To Poland with the Honors Program

In connection with the spring course "Exile under Nazism and Communism" (01:563:270/510:263/01:360:292) Professor Nancy Sinkoff (Jewish Studies/History) will lead 15 students on a week-long global field experience, "A Tale of Two Uprisings," to Poland. Travel will take place May 11-19, 2018. More information and application are here.

Advising Tip of The Week

Even though it may feel like your finals, extracurriculars, and life might just be ganging up against you, there's a sure way to stay on top of things: to-do lists. List your tasks and break them down into steps and prioritize what you will do when. Then be sure to stick to it!
Aresty Research Slam

Please join us for the third annual Aresty Center Research Slam! This networking and informational event will be held at Livingston Student Center, Coffee House and will highlight the innovative work being done by Aresty research assistants, peer instructors, and faculty. All are welcome and refreshments will be provided.

**Date:** Tuesday, December 12 at 7-9PM  
**Place:** Livingston Student Center Coffeehouse  
**Contact:** aresty@echo.rutgers.edu

The Winter Creativity Showcase

The Writers House will be holding the 2017 Winter Creativity Showcase. Come join us and listen to your fellow student writers share their own work with an audience. Snacks and refreshments will be provided. We hope to see you there!  
**Date:** Friday, December 8, 2017, 4:30 PM  
**Place:** Murray 302