Monday, March 5, 2018
Dear SAS Honors Program Students,

In the seemingly endless slew of midterms, papers, events, applications, and life issues that tend to crop up mid-semester, it can be difficult to maintain perspective. Little things start to slip through the cracks and every little mess-up feels like the harbinger of utter disaster. That’s why we have friends and family to support us and why we should remember to support them. Because whether it’s someone you see everyday, only in class, or every once in a while at a bus stop, a bit of conversation, understanding, and support goes a long way. And this week we have plenty of chances for you to lend your help to others and to get the shoulder you need to lean on.

Relax with your friends at a reading by Rutgers’ own Belinda McKeon this Tuesday or while playing board games at the McCormick Game Night this Thursday. Find out where the supportive network of the SASHP could lead you in our Honors Spotlights (there are two this week!). And if you want to spread the support to another generation of Rutgers students, apply to be a SASHP Peer Mentor for next year! But remember, as Jenny Xu advises on the SASHP blog, that as helpful as friends are, you also need to love yourself.

Take extra time for the self-care, self-forgiveness, and self-acceptance that you need, especially in times of pain and sorrow. And, if you need it, don’t be afraid to reach out for someone to lean on.

Take a moment and enjoy the day,
Kim Peterman
Student Director of Honors Media
Peer Mentor Application

Want to help an incoming Honors freshman with the transition to college? Then be a Peer Mentor! The Peer Mentoring Program matches new SASHP students with current ones who volunteer to serve as peer mentors. Peer Mentors assist first-year students in the transition to college by sharing information about the university, assisting new students with scheduling classes, familiarizing mentees with university life, and providing friendship and support at SASHP and RU events. For more information on the program and how to apply, click here.

Advising Tip of the Week

Be sure to use spring break to take care of yourself, start planning out your future classes if you haven't already (the summer schedule is already up), and finishing up applications for summer opportunities. The break is shorter than you think, so plan it out now so you’re more productive.
Artists' Collective: Belinda McKeon Reading

Rutgers' very own Belinda McKeon, author of Solace and Tender, will be giving a reading at the SASHP Artists' Collective. In addition to her books, she published short stories in a number of anthologies and her journalism has appeared in the New York Times and the Guardian. The reading will take place Tuesday, March 6 at 3-4 PM at 35 College Ave Parlor. There will be refreshments. Click here for more information.

McCormick Game Night

Kick back and enjoy some board games, cards, as well as a Moe's taco bar with friends. Some games will be provided (Apples to Apples, Jenga, Operation, etc.), but students can also bring their own games. It's Thursday, March 8 at 9 PM and is open to all SASHP students.
Honors Spotlights

Honors students have diverse interests and paths in life. Learn about two of those when you read Michael P. Antosiewicz’s Senior Spotlight on our blog and Steven Duong’s Alumni Spotlight on the SASHP website. Michael has a passion for history and classical antiquity that recently won him a Gates-Cambridge Fellowship, and Steven turned his academic background in economics and politics into a career in banking.

Keep In Touch

If you have time during spring break be sure to check out our social media. See what our HIPsters are up to on Instagram (@rusashp). Stay up to date on honors events and opportunities by liking our Facebook page “School of Arts and Sciences (SAS) Honors Program- Rutgers University” and following us on Twitter (@RU_sashp).