



# Balancing Act

RUTGERS SASHP NEWSLETTER

Wednesday, March 6, 2019

Dear SAS Honors Program Students,

I've said it before: I do my best thinking when I have a good night's sleep. Finding a balance between schoolwork, a social life, and academic success in college seems like an impossible task. With midterms approaching, it feels like sacrifices must be made. But it's important to make sure you get a good night's rest every night. We've all fallen victim to procrastinating a little too much and spending long hours studying or writing late into the night. But with a little extra planning, I find I can usually avoid these stressful nights. And if it's really important, it may even be better to wake up early and do work with a fresh set of eyes.

Here are some fun events to keep you motivated: Learn about research opportunities at the **Aresty Research Info Session**. Spend time with other SASHP students at **The Suite Game**. Join the Rutgers English department for a reading from esteemed author Dorianne Laux as part of the **Writers at Rutgers** series. Pick up tickets to see the **Jazz Ensemble**. Become a part of the SASHP Media Team leadership by applying for the **Digital Historian** or **Blog Editor** positions. Interested in showcasing your research? Submit to the **Rutgers Research Review**. Keep up with the lives of honors students by reading the **honors blog posts**.

From all of us here at the SASHP, get some sleep!

With warmest regards,  
*Julianna Rossano*  
Student Director of Honors Media

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## Library Events

The library is more than just a place to study or check out books. The Rutgers Libraries offer classes on technology, exhibitions, and more! Check out their offerings at <https://www.libraries.rutgers.edu/>.



# SASHP Newsletter

## Campus Events

### Happening@35: Aresty Research Info Session

Are you looking to do research? Join Tamiah N. Brevard, Director of Aresty Research Center for Undergraduates, for an info session. Learn about research opportunities and general resources. **March 6, 3:30 - 4:30 PM at 35 College Ave Parlor (SASHP Main Office), College Ave Campus.**



### The Suite Game

Looking for a fun way to spend your Thursday night? Come to the Suite Game! Eat, compete and win prizes. **March 7, 7 PM in McCormick Hall Lounge, Busch Campus.**

### Writers At Rutgers

Join the Rutgers English department for a reading from esteemed author Dorianne Laux. Laux's fifth collection, *The Book of Men*, was awarded The Paterson Prize. Her fourth book of poems, *Facts About the Moon*, won The Oregon Book Award and was short-listed for the Lenore Marshall Poetry Prize. **March 6, 8 PM at Rutgers Student Center, College Ave Campus.** \*Counts as honors colloquium outside event.



### Jazz Ensemble

The Rutgers Jazz Ensemble highlights the music of composer/arranger Oliver Nelson, featuring selections from *The Blues* and the *Abstract Truth*, *Straight Ahead*, and *Fantabulous*. Directed by Conrad Herwig. Pick up tickets at 35 College Ave (SASHP Main Office). **March 8, 7:30 PM at Nicholas Music Center, Douglass Campus.** \*Counts as honors colloquium outside event.



For a full calendar of events, [click here.](#)

# SASHP Newsletter Opportunities



## Digital Historian: Honors Media Team

Do you have an interest in making videos or taking photos? Do you want to help document memories made at the SASHP? Are you looking to take on a paid leadership role in the SASHP? Apply for the Digital Historian position and become a member of the SASHP Media Team. **Click here** for more information and to apply (deadline March 15).

## Blog Editor: Honors Media Team

Do you have a passion for writing? Join the SASHP Media Team for a chance to help SASHP students share their insight and experiences. **Click here** for more information and to apply (deadline March 30).



## Rutgers Research Review

Interested in showcasing your research? The Rutgers Research Review is a student-run online research magazine dedicated to publicizing student research. Visit <http://www.rutgersresearchreview.org/> for more info and to submit by **March 22**.

## Honors Blog Posts

Keep up with the lives of honors students! Check out this month's blog posts about random and cool facts, keeping up with hobbies, self-love and more. Visit <https://rutgershonorsblog.wordpress.com/>.



**For more opportunities, click here.**

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