Wednesday, April 1, 2020

Dear SAS Honors Program Students,

According to Malcom Gladwell, it takes about 10,000 hours of work to become an expert. I might not quite be there yet, but today certainly marks a milestone for me. This is my 100th newsletter - no, that isn’t an April Fool’s Day joke. The newsletter has grown and changed during the last two years that I’ve served as Newsletter Editor, and I like to think that I have, too. I plan to celebrate this small achievement after completing my online classes for the day. Although we are away from Rutgers, we are still making strides. Take an opportunity to be proud of yourself or recognize an accomplishment, no matter the size.

Although we don’t have any events coming up, here are some remote opportunities. Get advice from pre-health students at the Pre-Health Insiders Panel. Explore and connect in your career field this summer by applying for the Summer Shadow Experience! Juniors: tell us about your capstone plans by submitting your honors capstone form online by April 21. If you have questions, make an appointment to check in with your advising dean - the SASHP is here for you. Learn about life after Rutgers by checking out the newest Honors Alumni Spotlight. Read about the experiences and advice of SASHP graduating senior Joseph Arriola in this week’s Senior Spotlight.

From all of us at the SASHP, stay safe and enjoy the day!

With warmest regards,
Julianna Rossano
Student Director of Honors Media
Pre-Health Insiders Panel
Are you looking for inside advice about the world of pre-health? The Peer Leader in McCormick invites you to attend the Pre-Health Insiders Panel hosted via WebEx! Panelists include accepted medical and dental school students, pre-health upperclassmen, and BA/MD program students. **April 9, 8-9 PM. Click here** for the link or visit [sashonors.rutgers.edu/news/events](sashonors.rutgers.edu/news/events).

Summer Shadow Experience
Explore and connect in your career field this summer! The Summer Shadow Experience offers SASHP students the opportunity to visit a Rutgers Honors Alumni at their place of work. Through this one-day experience, students get a glimpse into a professional environment and networking opportunities with an honors alum. For more information and to apply, visit [sashonors.rutgers.edu](sashonors.rutgers.edu).

Honors Capstone Form
JUNIORS: tell us about your capstone plans. All SASHP juniors are required to submit the SAS Honors Program Online Capstone Form by **April 21**. For more information on capstone options and requirements, visit [www.sashonors.rutgers.edu](www.sashonors.rutgers.edu).
We’re Here for You
During these unusual times, the SASHP is here for you. If you have any questions or concerns regarding your current situation, don't hesitate to reach out to your honors dean. The fall 2020 schedule of classes is now available. Be prepared to start planning ahead! Visit sashonors.rutgers.edu for contact information.

Honors Alumni Spotlight
Life after Rutgers can be daunting. Read about how SASHP alumni handled it and their accomplishments. This month’s Honors Alumni Spotlight features Priya Pamnani, ’19. She currently works as a software engineer at Bloomberg LP. Check out our website for the full spotlight!

Senior Spotlight
Check out the SASHP Blog to read about Joseph Arriola in this week's Senior Spotlight. He is graduating with a degree in Public Health. Joseph is a member of the Public Health Honor Society and looking to attend medical school in the future. Read more about his advice, experiences, and plans for the future at rutgershonorsblog.wordpress.com.