



On Schedule

RUTGERS SASHP NEWSLETTER

Wednesday, April 8, 2020

Dear SAS Honors Program Students,

Now that classes are online, my schedule has gotten a little messed up. My carefully-crafted daily agenda from the beginning of the semester has fallen to pieces. Without libraries to visit or downtime between classes, I find it difficult to work out a routine. The first step to fixing this: creating a schedule. I have a sheet of graph paper taped to my desk with a rough outline of my daily tasks, including 15-minute breaks and time for lunch. If you're struggling to work out a routine, create a schedule for yourself! It can be in a daily planner or on a post-it-note. It can be as vague or as detailed as you need. Find what works for you and stick with it.

Although we don't have any events coming up, here are some remote opportunities. Share your art by submitting to the **Artists Collective fall exhibit**. Schedule an online appointment with the **SASHP Peer Tutors**. The Honors Peer Mentors offer the registration event **Questions While Quarantined: Registration and Scheduling Help**. Get advice from pre-health students at the **Pre-Health Insiders Panel** or RSVP for a virtual call with Honors Alumnus **Dr. Paul Dicker**, RC '88. Read about the experiences and advice of SASHP graduating senior Julianna Rossano in this week's **Senior Spotlight**.

From all of us at the SASHP, stay safe and enjoy the day!

With warmest regards,
Julianna Rossano
Student Director of Honors Media

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Fall Schedule of Classes

The fall 2020 schedule has been released! Start thinking about your schedule for next semester. If you have any questions, contact your honors advising dean.



SASHP Newsletter

Artists Collective Call for Art

The Artists Collective fall exhibit will be themed around "Nature." All artistic mediums, majors, and viewpoints are welcome. Now, more than ever, we can connect with nature. While we're all home and taking meditative walks, take some positive artistic breaks. Use [#createfromhome](#) to share your talent and passion with The Artists Collective. **Click here** to submit a photo of your work by **May 4** and for specifications. Selected pieces will be showcased at 35 College Ave. Email Dean Sanchez Gomez with questions (cysanche@rutgers.edu).



Online SASHP Peer Tutoring

The SASHP Peer Tutoring Program provides students with a little extra academic help. Make the right call and schedule a virtual appointment now. Students may use this service twice per week and schedule appointments up to two weeks in advance. Visit sashonors.rutgers.edu to make an appointment.



Registration and Scheduling Help

The Honors Peer Mentors invite you to attend their online event Questions While Quarantined: Registration and Scheduling Help. They will discuss information about WebReg, Course Schedule Planner, honors courses, Degree Navigator, when to register, and what to do when you're closed out of a class. There will also be a major/discipline breakout session. **Click here** for more information and WebEx link. **April 17, 4:30 PM.**



SASHP Newsletter

Pre-Health Insiders Panel

Are you looking for inside advice about the world of pre-health? The Peer Leader in McCormick invites you to attend the Pre-Health Insiders Panel hosted via WebEx! Panelists include accepted medical and dental school students, pre-health upperclassmen, and BA/MD program students. **April 9, 8-9 PM. Click here** for the link or visit sashonors.rutgers.edu/events.



Zoom With Dr. Dicker

Are you a pre-med student interested in hearing about the experiences of a professional? Honors Alumnus Dr. Paul Dicker, RC '88, will host a chat about his Rutgers, medical school, and clinical experiences. Dr. Dicker went on to receive his MD from the NYU School of Medicine. He has cultivated an interest in areas of high-risk obstetrics, infertility, office gynecology, and minimally invasive surgery. He is now an Ob/Gyn at Lifeline Medical Associates. **Click here** for more information and email Dean Kim-Lee at jmkim@sas.rutgers.edu to receive an official invite. **April 16, 8 PM.**

Senior Spotlight: Julianna Rossano

Check out the SASHP Blog to read about Julianna Rossano in this week's Senior Spotlight. She is graduating with degrees in English and Information, Technology and Informatics. Julianna is the SASHP Newsletter Editor and will be attending graduate school in the fall. Read more about her advice, experiences, and plans for the future at rutgershonorsblog.wordpress.com.

