Hey everyone! While I’m sure free time is fleeting for all of us right now, in the spirit of the ongoing involvement fair, I wanted to stress the importance of exploring passions. For me, cooking has been my go-to for breaking up the sometimes repetitive nature of academia. Picking up techniques, exploring cuisines, and hyper focusing on the craft for an hour or so each meal has always been beneficial for escaping stress… and the delicious results are a plus too! Now is a great time to explore some interests, so get out there.

Here’s what we’ve got on the horizon. Spend an evening with 2012 honors alumnus Brandon Li at our first Alumni Night of the semester. Join the Artists’ Collective for their Paint n Sip event. For those looking to pursue a career in government work, the NJ Department of Homeland Security & Preparedness is hosting a Lunch and Learn about the field. Take over our Instagram account for a week by becoming an SASHP HIPster. Get tips for your asynchronous courses from the new SASHP Blog Post.

Warm Regards,
Justin Confalone
Your newsletter editor
**Announcements**

**Honors Alumni Night: Business**

*** The first night of this event is open to first-years only

Sit down and talk with 2012 honors alumnus Brandon Li at the first **Honors Alumni Night** of the semester. A graduate of Columbia Business School, former market and policy analyst at the Federal Reserve Bank of New York, and investment analyst at BlackRock, Brandon’s professional journey from Rutgers to the present will be incredibly beneficial for those majoring in econ or pursuing any business degree. The event takes place on **Wed. Sep 23 at 7:30-9:00pm EST**. RSVP [here](#) (seats are limited)

**Artists' Collective Paint n Sip**

Don your apron, grab a beverage, and join the Artists Collective for a laid back evening of creative exploration at their **Paint n Sip** event. Taking place on **Wed. Sep 23 at 7pm EST** the evening will be a great way to unwind after the first few weeks of class. Click [here](#) to RSVP.

**Lunch and Learn With the NJOHSP**

The New Jersey Office of Homeland Security and Preparedness is hosting a Lunch and Learn event. On **Fri. Sep 18 at 12:00pm EST**, this session will cover the best methods to pursue a career in governmental work — more specifically the NJOHSP. Pre-registration is required and will close tomorrow, **Sep 17 at 5pm EST**... sign up [here](#).
Become a HIPster
From now until the end of the semester, apply to be a HIPster! HIPsters are given the freedom to do a takeover of the SASHP Instagram account for a week. Post whatever you want: polls, pics, boomerangs, videos, anything you feel shows your SASHP spirit. Applications are open now, click here to apply.

SASHP Blog Post: How to Keep Track of Your Asynchronous Online Classes
Check out our new blog post on the (relatable) topic of handling your asynchronous online classes. Click here to view the posting.

For a full list of opportunities, click here.