Monday, September 28, 2020

Dear SAS Honors Program Students,

Something I've always been way too snobby about as an undergrad is my choice of music while studying. There is nothing like a soothing background melody to take you out of your head and into the day's work. Plus, studies say it boosts performance. Classical, lo-fi, blues, swing, piano solos, jazzy sax solis, French accordion cafe music, Studio Ghibli guitar collections, freeform hip hop beats: the possibilities are endless with Youtube! When browsing, I'll often find myself spending 10 minutes finding something to listen to that matches my mood. I'm actually listening to a Studio Ghibli steel-string guitar collection as I write this.

Here's what we've got in the queue this week. Help choose the 2021 summer read with the SASHP Summer Reading Committee. Join Rutgers alumnus Dr. Paul Dicker as he talks about his medical career at Honors Alumni Night. Recreate some of your RU food favorites with our Flavors of Rutgers Series. Learn about a rapidly growing field that transcends majors at the Machine Learning for Non-Comp Sci Majors Session. Art history professor Kelly Di Dio is hosting a Scarlet Speaker presentation on Public Sculptures and the Calls to Remove Them. Ignite new career passions or fan a current flame at the Virtual Career and Internship Mega Fair. Make your voice heard by applying for the Voices of Diversity Student Panel Application. Need an editor volunteer? The Peer Mentor Program is looking for a video editor volunteer to help with content.

Warm Regards,
Justin Confalone
Your newsletter editor
SASHP Newsletter
Announcements

Flavors of Rutgers: Tasting Menu

On the last two pages of today's newsletter is a new segment we're rolling out called Flavors of Rutgers, a personal taste into the food of RU. The club spotlight is another new section of the newsletter that will be alternating every week for the rest of the year. In the spirit of fall, the first Flavors of Rutgers feature is the Cook/Doug student's escapist fantasy: Neilson Dining Hall's pumpkin ice cream.

Honors Alumni Night: Medical

Join ‘88 alum Dr. Paul Dicker for our second Honors Alumni Night of the semester, this time with a focus on the medical field on Thurs, Oct 1 at 8pm EST. After Rutgers, Dr. Dicker attended NYU Medical School and completed residency at the NYU/Bellevue Medical Center. Today, he is a board member of Lifeline Medical Associations. Asking Dr. Dicker about his trials and tribulations will be incredibly beneficial for students pursuing a career in medicine. RSVP here.

SASHP Summer Reading Committee

2018 was The Best We Could Do, 2019 was The Leavers, 2020 is Tell Me Who You Are, and the 2021 summer reading book is up to you! Join other SASHP students as part of the Summer Reading Committee tasked with the selection of next year's read. Tune in for the first meeting on Fri, Oct 3 at 3:30pm EST via Zoom. Email Dean Sadowsky at kathy.sadowsky@rutgers.edu to get the meeting link (also accessible through Canvas). Can't make the meeting? Email Dean Sadowsky your ideas or recommendations.
SASHP Newsletter
Announcements

**Machine Learning for Non Comp-Sci Majors**

Like it or not, machine learning and the AI revolution are no longer limited to the pages and screens of sci-fi. The future is now, and the technology machine learning recruits is fascinating. In this introductory session, a Rutgers computer science expert will cover the basics of this field. This event is **Fri, Oct 2 at 12-1:30 PM EDT**. Students can register [here](#).

**Scarlet Speakers from the Heart of New Brunswick**

Join Professor of Art History (and Associate Dean) Kelly Di Dio as she discusses *Monuments that Erase History: Public Sculptures and the Calls to Remove Them*. This introspective chat will cover the recent calls for the removal of various monuments and public sculptures. Is there really history within these monuments? Are their placements justified? Does their destruction mean the destruction of history? Are their meanings static? Tune in on **Tues, Sep 29 at 12-1pm EST** to find out. Register [here](#).

**Virtual Career and Internship Mega Fair**

Whether testing the professional waters or pursuing a career interest, the fall 2020 Career Fair is on the not-so-distant horizon. On **Oct 1 at 11am til Oct 2 at 4pm**, the career fair welcomes nearly 350 employers spanning almost every professional field. It is a great chance to network and ask questions. You never know when it will come back to help you! Register [here](#).
The Peer Mentor Program is looking for a volunteer video editor to help create the SASHP Digital Short #Quarantine Edition video project. We're hoping to use the video as a way to help build memorabilia about the 2020-2021 academic year/fall 2020 semester. Anyone who wants to know more about this awesome opportunity can email the Peer Mentor Program at hpmentor@sas.rutgers.edu.

The Voices of Diversity Student Advisory Board is looking for applicants who want their voice to be heard in the Rutgers community. Board members help shape the themes and topics for the Voices of Diversity: Rutgers Student Stories panel series, recruit fellow student panelists, participate as panelists themselves, and help evaluate the overall success of the series. The deadline to apply is Fri, Oct 2. The application is here.

Honors Video Editor Wanted

The Peer Mentor Program is looking for a volunteer video editor to help create the SASHP Digital Short #Quarantine Edition video project. We're hoping to use the video as a way to help build memorabilia about the 2020-2021 academic year/fall 2020 semester. Anyone who wants to know more about this awesome opportunity can email the Peer Mentor Program at hpmentor@sas.rutgers.edu.

***The Flavors of Rutgers Series starts below this page

For a full list of opportunities, click here.

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In a medium-sized saucepan over medium-low heat, whisk together milk, eggs, and sugar until a smooth consistency is formed. Once smooth, remove from heat and add the pumpkin, cinnamon, cloves, allspice, nutmeg, and ginger. Whisk together and add the heavy cream until it all comes together. Move into a medium bowl then cover the very top of the mixture with plastic wrap (should touch the mixture) and let cool in the freezer while you... Place ice in a large bowl (should be enough to cover bottom and sides) then heavily salt the ice. Once the mixture seems cool, remove plastic wrap and place into larger bowl (nestle it into the ice). Whisk mixture for 10 minutes constantly, after this cover with plastic wrap/kitchen towel and put back in freezer for 30 minutes. Repeat this cycle of whisking and freezing three more times. After this, cover the mixture in plastic wrap again (should be touching the mixture) and freeze for a minimum of four hours, or overnight. Garnish with pecans and enjoy your little taste of Rutgers.

Ingredients:
- 2 cups whole milk
- 2 eggs
- 3/4-1 cup white sugar
- 2/3 cup (100%) Pumpkin Puree
- 1 teaspoon ground cinnamon
- (Light) pinch of ground cloves
- 11/2 cups heavy cream
- (Light) pinch ground allspice
- (Light) pinch ground nutmeg
- 1/8 teaspoon ground or grated ginger
- Large bowl full of ice (or one medium bag)
- 1/2 cup kosher salt
- (Optional) pecans for garnish

**Neilson’s Pumpkin Ice Cream**

Hand-Churn Method Courtesy of Basics With Babish

***Makes 6 Servings***
In a blender, combine all ingredients (except for almond milk/pecans) and blend until everything comes together. If texture seems too stiff, add almond milk in 1/4 cup batches until milkshake-like consistency is reached. Move mixture into large bowl and cover with plastic wrap (make sure plastic wrap touches top of mixture to prevent freezer burn) and place in the freezer for at least four hours, or overnight. Garnish with pecans and enjoy your taste of Rutgers.