Dear SAS Honors Program Students,

Boys and girls of every age, wouldn’t you like to see something strange? Halloween has always been a favorite holiday of mine... The music, the decorations, the movies, and the costumes all create this incredible atmosphere that feels so magical. My hometown always used to have this parade on the 30th — mischief night. Before going out and causing mischief, a huge group of us would have a shaving cream war on a patch of land next to the parade route. Honestly, it was brutal, and you never quite knew who would aim for the eyes. I know circumstances are a little bit different this year, but Halloween is still something special. Blast some music, marathon horror movies, have a (safe) night with a small group of friends, make a costume, enjoy the week!

Rutgers has got a few treats of its own lined up this week. Fulfill colloquium requirements and experience an amazing story at the SASHP Just Mercy Movie Night. Unwind after midterms with a relaxing night of the video game Among Us. Spend some more time in the home cinema with the Artists’ Collective as they show The Addams Family. Show your Halloween spirit and win some prizes by participating in this year’s SASHP Costume Contest. Talking Halloween and movies, the Peer Mentor Program is offering a Halloween Movie Night where they will be showing both Split and As Above So Below. While not Halloween related, sit down with Professor Sebastian León for a talk on the equally scary topic: COVID Impacts on Migrant Detention and Deportation in New Jersey. Get in the spirit, collab with your peers, and contribute to an SASHP blog post by telling us your favorite frights this season through our SASHP Halloween Survey. Learn about a new talent spotlight the Peer Mentor program is running through IGTV. Check out the Honors Blog’s new article.

Warm Regards,
Justin Confalone
Your newsletter editor

Monday, October 26, 2020

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***There is a new Flavors of RU Menu Item on the last page of this newsletter!
**Just Mercy Movie Night**

Michael B. Jordan, Jamie Foxx, and Brie Larson star in one of the most intense movies of 2019, *Just Mercy*. The film covers world-renowned civil rights defense attorney Bryan Stevenson as he defends the life of an African American man wrongly condemned to death row. The SASHP will be showing this incredible film on Fri, Oct 30 at 8pm EST. A link to join is here.

**Counts for honors Colloquium requirements.**

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**Among Us Night**

There’s an imposter among us! Find out who at the Honors Program Among Us Night this Thurs, Oct 29 at 8pm EST. For those who don’t know, Among Us is a 2018 video game that gained ludicrous levels of popularity in the pandemic season. The game is required (can be found on Steam) to join and the event will be run through a zoom call found here. I’ve been told that this game either breaks or builds new friendships, so why not flip that coin?

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**Artists Collective Halloween Movie Night**

They’re creepy and they’re kooky, mysterious and ooky. The Artists’ collective will be showing *The Addams Family*. I know there have been a lot of movies lately in our events section. That being said, there is no better way to hang out with new people than sitting back with a nice cup of cider and watching some horror. Starting all the way back in the 1960’s, *The Addams Family* is a classic you won’t want to miss. This event takes place on Fri, Oct 30 at 8pm EST. The link to RSVP is here.
**SASHP Costume Contest**

The SASHP Peer Mentor Program is hosting a Halloween Costume Contest open to all members of the Honors Program. Show your spirit by DM'ing @hpmentor on Instagram. Be sure to include your name, class year, and title for the costume in your DM. Winners will receive a shoutout on the SASHP’s Instagram and to the hundreds of readers of this newsletter. Submissions are accepted from Sun, Oct 25 to Sat, Oct 31.

**Halloween Movie Night**

Join the Peer Mentor Program at their Halloween Movie Night where they will show Split and As Above So Below! The showings will start on Fri, Oct 30 at 8pm EST. Split will be streamed on Zoom and does not require any external program, while As Above So Below requires Netflix and Teleparty to attend. The zoom link to join the Split viewing can be found here. The link for the As Above So Below viewing will be available on our @hpmentor IG account/emailed to Peer Mentors & Mentees 10 minutes before showing.

**Scarlet Speakers Series**

While in the spirit, sit down with Professor Sebastian León for the topic more terrifying than any horror movie, COVID Impacts on Migrant Detention and Deportation in New Jersey. Covid has developed a reputation over the past 6-7 months for ravaging communities and people who were already struggling before the pandemic hit... Migrants, unfortunately, fall under that same category. Learn about this issue and more importantly, how to start fixing it this Thurs, Oct 29 at 12pm EST. Register here.
SASHP Talent Spotlight

Got some special talent you are eager to share? From life skills to fun skills, the SASHP Peer Mentor Program wants to see it as part of their IGTV webseries. These videos will be a few minutes long and allow students to feel a little more connected during these times. Submit your wacky talent to the program here.

SASHP Halloween Survey

Want to collab with fellow students, be featured in an SASHP blog post, and get in the spirit with us? The SASHP Media Team is sending out a Halloween survey to make us all feel a little more connected this semester. Questions include favorite Halloween movie/tv show, favorite candy, and any Halloween traditions that you're fond of. The quiz link is here.

New Blog Post: "Ten Ways to Beat the Mid-Semester Slump"

That loss of energy/motivation and all things productive that comes after midterms season is something every RU student knows. There are ways to get through the slump and that is exactly the question our new SASHP blog post hopes to answer. Read the post here.

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SASHP Newsletter
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For a full list of opportunities, click here.
**HARVEST CAFÉ INSPIRED PUMPKIN SMOOTHIE**

***Makes 1-2 Servings***

**Ingredients:**

- 1-1.5 cup Unsweetened Vanilla Almond Milk
- 1/2 Cup Pumpkin Puree (Canned or Fresh pumpkin)
- 1/2 tsp Pumpkin Pie Spice
- 1 Handful of Pecans (optionally soaked)
- 2 Tsp Crushed Pumpkin Seeds
- 1/8 tsp Unsweetened Cocoa
- 2 tsp Pure Maple Syrup (or sub out 3 tsp Lakanto Monk Fruit Sweetener)
- 1/2 cup ice
- 1/2 Frozen Banana

**DIRECTIONS**

1. (Optional) For extra flavor, soak pecans in your liquid of choice (Salt-water, Honey-water, even Bourbon) for 4-8 hours, then drain and rinse
2. Add all ingredients (except for the sweetener) into a blender and blend on high for 45 seconds, continue to blitz until contents are smooth and velvety
3. Taste, then add sweetener of choice as necessary in 1/2 tsp intervals, blend each time
4. Pour contents into cup, (optionally) top with whipped cream
5. Enjoy!