Wednesday, January 20, 2021

Dear SAS Honors Program Students,

Hope everyone had an awesome holiday season/winter break and is feeling (as) refreshed (as possible) to take on a brand new semester. Things still aren't perfect in the world, but to start the semester off with some optimism, here are some positive stories that have come out since the last newsletter. As of my writing this, 14.3 million jabs of the Covid-19 vaccine have been administered to frontline health workers, 65+ folk, and those with pre-existing conditions. Elon Musk became the world’s richest man and is not (as) hell-bent on forcing us all into an Amazon dystopia (he also donated 5 million to Khan Academy for remote learning). Frontline migrant workers in France are being rewarded with citizenship for their bravery in the fight against Covid. And finally, Darla, my family's new-ish puppy got all of her immunity shots and is raring to go.

I sincerely wish everyone the best of luck during this upcoming semester... let’s make it a good one!

Get the positive momentum flowing at these upcoming events. Peruse some clubs, make some pals, and potentially discover a new passion at the upcoming 2021 Spring Involvement Fair. Honor the incredible, way, way, WAY ahead of his time Dr. Martin Luther King Jr. by attending the annual MLK Oratorical Competition. Set up some business opportunities early this semester at the Nomura Campus Recruiting Event. Meet a new BFF on the banks by signing up for the brand new Scarlet Meet Web App. Learn more about what Rutgers has accomplished in the midst of a global pandemic by reading the 2020 Annual Report. And finally, start 2021 off right with a brand new Flavors of Rutgers Menu item.

Warm Regards,
Justin Confalone
Your newsletter editor
Spring 2021 Virtual Involvement Fair

After months of Covid, I am happy to report that student life is slowly coming back to the banks. Reclaim your college experience and meet some awesome people by attending the Virtual Spring Involvement Fair. Like the fall, the fair will host 500+ student organizations, sports clubs, fraternities/sororities, university departments, and more. This event takes place next Mon, Jan 25 from 2-6 pm EST. It is encouraged that potential attendees complete their getINVOLVED profiles here before attending.

MLK Oratorical Competition

What better way to honor the man best known for making his voice heard against centuries of injustice than doing what MLK did best, speaking. This competition honors the oratorical legacy of Dr. King by inviting speakers to expand on a selected Dr. King quote to share their social justice vision of the future. While the deadline for the speakers themselves has passed, those interested in attending the event next Wed, Jan 27 at 7 pm EST can register here.

Nomura Campus Recruitment Event

All business-savvy freshmen and sophomores interested in global investment can jump-start their futures by attending the upcoming Nomura Cross-Divisional Overview. During this event, you will hear directly from senior members of investment banking, global markets, and corporate infrastructure. This event takes place Today, Jan 20 at 4:30 pm EST. Register here.
Launching: Scarlet Meet
Meeting new friends is hard enough, but add a pandemic to that and it can feel like an impossible endeavor. Fortunately, a brand new web app, Scarlet Meet, is launching to fix that. All you need to do to find your platonic scarlet soulmate is fill out a survey (here) and wait until 12 am on Jan 22 to find your match! To learn more about this awesome opportunity, check out the Scarlet Meet website (here) and give them a follow on Instagram (here).

Rutgers 2020 Annual Report
I know we all saw it in our inbox, but I would invite those interested in learning about all Rutgers has accomplished despite the Covid-19 pandemic to give the semi-recent Rutgers 2020 Report: Evolutions another click. Find it here.

Flavors of Rutgers Menu Item
There is plenty of new stuff coming to this newsletter. BUT, for the time being, fend off the cold, refine your cooking skills, meet all of your new year’s resolution diet goals, and start 2021 off right with this brand new Flavors of Rutgers Menu Item: Not So Neilson’s Lentil Soup. A quick sub for butter can also make this recipe vegan!
**NOT SO NEILSON'S LENTIL SOUP**

***Makes 3-4 Servings***

Ingredients:

- 2 Tbsp olive oil
- 1-2 Tbsp butter, can sub vegan alt.
- 1 onion, diced
- 3 cloves of garlic
- 1 Tbsp tomato paste
- 1 potato, peeled and diced
- 200g of any lentils you like, red or yellow lentils are traditional
- 1l water or stock
- salt & pepper to taste
- 1 tsp dried mint
- sprinkle of msg (optional)
- 1 lemon slice
- parsley for garnish
- dollop of yoghurt (optional)

**DIRECTIONS**

1. Add oil, butter, onion, and garlic into a cold pan, bring up together over medium heat
2. Peel and cut the potato in medium chunks, add to the pan then followed with the tomato paste
3. Saute everything together until well combined, then add the lentils of your choosing
4. Toast dry lentils in mixture for 30-40 seconds then add water and/or stock
5. Season mixture with salt and black pepper, reduce heat to a medium-low, and cover
6. Stir mixture every 5 minutes until lentils are completely tender
7. (Optional) Use a hand blender to make the mix creamy
8. Sprinkle fresh mint over the top, serve, and enjoy!