Morning Routines

Monday, March 1, 2021

Dear SAS Honors Program Students,

After several days of waking up to chirping birds celebrating the imminent return of spring, this morning’s greeting was the faint sound of rain on the glass. Call it melancholic, but there is something really special about a light rain on the windows playing the background noise while you go about your morning. From being a kid looking out the back seat window on long drives to a young adult fascinated by the distant storm visible from the top of a hill in Montana, rain has always been so comforting for me. So where do morning routines come in? Well, with midterms starting up, maybe we can all find some relief from the inevitable stress by paying a little more attention to the background music.

Rainy day? No problem with these events! Meet with some of the best and brightest students at Rutgers (and maybe make some new friends) at the upcoming SASHP Spring Mixer. Current seniors in need of a benchmark on their capstone progress should drop by the upcoming Scholarly Analytic Report Workshop. Those inclined towards numbers and all things quantitative should apply for the newly opened Bristol Myers Squibb Internship in Statistical Programming. Learn about the inspiration, creative process, and the wonderful aesthetic of the work of five talented women artists at Zimmerli’s Art After Hours: Women on View. Considering studying education? Be sure to drop by the upcoming event: Education as a Social Science Minor Info Session. Take the weight off your shoulders for an afternoon of art at the upcoming Artists’ Collective Paint and Sip Event. Join one of the SASHP’s own as she leads us through a guided meditation on stress alleviation at the Meditation Masterclass. Sick of brands like H&M supplying clothes that inevitably end up in the trash a few months later, read all about the solution in the new blog post: Making Fashion Sustainable.

Warm Regards,
Justin Confalone
Your newsletter editor

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SASHP Spring Mixer

Those interested in networking, meeting some new friends, or just having a good time overall should stop by the **SASHP Spring Mixer**. This event will give all SASHP students the chance to form new friendships, get advice on navigating the waters of academia, and learn more about how to apply to the Peer Mentor Program Board in the 2021-2022 academic year. The mixer takes place next **Thu, Mar 11 at 8pm EST**. More info can be found [here](#).

Capstone Info: Scholarly Report Workshop

Current seniors underway on their Honors Program capstones for options C - G should drop by the **Scholarly Analytic Report Workshop**, taking place this week. This event will provide samples to review and pointers from the academic dean on writing your Honors Program capstone report. This event takes place **tomorrow, Mar 2 at 4pm EST**. If nothing else, think of this as a reminder to keep the capstone on your mind. Join the call [here](#).

Bristol Myers Squibb Internship

Students looking for careers in stats-related fields should apply for the summer **Bristol Myers Squibb Internship** in Statistical Programming. This is an awesome opportunity for comp sci, life science, mathematics, or stats majors. Anyone interested in such an awesome opportunity should [apply here](#). They are looking to hire a large number of people, so those in the field should definitely stop by!
Art After Hours: Women on View

In recognition of Women’s History Month and International Women’s Day, the Zimmerli Art Museum and Rutgers Global are partnering up to bring the university its next Art After Hours Event: Women on View. Attendees will view the work of eight incredible women and have a chance to learn about the inspiration behind the art. The event will cover works by Māra Brašmane, Zenta Dzividzinska, Olga Ignatovich, Valentina Kulagina, Lialia Kuznetsova, Olga Lander, Ann Tenno, and Natalia Tsekhomskaya. This event takes place tomorrow, Mar 2 at 7pm EST. Register here.

Education as a Social Science

Rutgers is host to a whole array of awesome minors to supplement your major courses - one of which is Education as a Social Science. Interested students can learn all about the focused tracks within the minor, how it complements other majors, and the application process. A session takes place next Tues, March 9 at 7pm EST, those who missed the first round can RSVP here.

Artists Collective Paint and Sip

Don your apron, grab a beverage, and join the Artists’ Collective for a laid-back evening of creative exploration at the upcoming Paint n Sip event. Taking place this Fri, Mar 5 at 3pm EST, the day will be a great way to unwind as we begin the midterm season. RSVP here.
Meditation Masterclass/Application

Join the Honors Program’s very own Jusleen Basra as she starts off the Master Class Series with a Guided Meditation geared towards Covid-19/midterm stress relief. The Master Class Series is something new being featured on the @rusashp IG account that will allow students to teach their peers about a skill, passion, or anything else that interests them! The Meditation Masterclass takes place this Fri, Mar 5 at 2pm EST. Find information on registering or sign up to teach your own class in the near future here!

New Blog Post: Making Fashion Sustainable

“In order to keep up with constant demand and insatiable consumer appetites, fast fashion introduces and mass-produces thousands of new styles on a weekly basis.” writes author Nehee Patel, “The clothing is cheap, easily dispensable, and gets the job done – at a cost.” Read the rest of this awesome post here.

For a full list of opportunities, click here.